STARZ SUMMER CLINICS

Members \$25 per clinic Non-Members \$30 per clinic *3% credit card transaction fee

**Open to ages 6-17

Bar Star Clinic - June 20 6:30-7:30 PM

Improve your gymnastics bar skills including pullovers, casting, circles and so much more to become the bar icon you have always wanted!

Flip Flop Shop - June 25 7-8 PM

This clinic focuses on the basics of back handsprings, including bridges and back walkovers! This clinic is great for any gymnasts, cheerleaders, or kids looking to improve their tumbling skills!

Dance Acro Clinic - June 27 6:30-7:30 PM

A unique tumbling clinic focused on the different dance acro elements including aerials, walkovers, and back handsprings!

Carousel of Cartwheels Clinic - July 11 6:30-7:30 PM

This clinic focuses on the basics of cartwheels, and is great for anyone wanting to improve their cartwheels, round offs, aerials, or cartwheels on the beam!

Flip & Fly Trampoline Clinic - July 16 7-8 PM

A full hour of learning trampoline skills, safety, and fun! Students will cover basic trampoline skills all the way up to learning drills for flipping and twisting!

Flip Flop Shop #2 - July 18 6:30-7:30 PM

Dance Acro #2 - July 25 6:30-7:30 PM

Ninja Challenge Clinic - July 30 7-8 PM

Try new ninja obstacle courses and take your ninja skills to the next level with this clinic full of running, crashing, climbing, jumping, and rolling! This clinic is great for new ninjas or those wanting to try more!