# STARZ SUMMER CLINICS 2025

Members \$25 per clinic Non-Members \$30 per clinic \*3% credit card transaction fee \*\*Open to ages 6-17

Bar Star Clinic - June 19th 6:00-7:00 PM

Improve your gymnastics bar skills including pullovers, casting, circles and so much more! Become the bar icon you have always wanted!

# Flip Flop Shop - June 24th 4:30-5:30 PM

This clinic focuses on the basics of back handsprings, including bridges and back walkovers! This clinic is great for any gymnasts, cheerleaders, or kids looking to improve their tumbling skills!

## Dance Acro Clinic - June 26th 6:00-7:00 PM

A unique tumbling clinic focused on the different dance acro elements including aerials, walkovers, and back handsprings!

#### Carousel of Cartwheels Clinic - July 8th 4:30-5:30 PM

This clinic focuses on the basics of cartwheels, and is great for anyone wanting to improve their cartwheels, round offs, aerials, or cartwheels on the beam!

## Flip & Fly Trampoline Clinic - July 15th 4:30-5:30 PM

A full hour of learning trampoline skills, safety, and fun! Students will cover basic trampoline skills all the way up to learning drills for flipping and twisting!

#### Flip Flop Shop #2 - July 17th 6:00-7:00 PM

Dance Acro #2 - July 22nd 4:30-5:30 PM

#### Bar Star #2 - July 29th 4:30-5:30 PM

**\*\*We reserve the right to cancel clinics due to low enrollment. We will communicate cancellations the Tuesday prior and refund the fee. \*\***